

# Case Study: Introduction of the Hormonal IUD in New and Emerging Markets

**Presenter:** Audrey Fratus, Senior Technical Officer, FHI 360 North Carolina Global Health Alliance Annual Conference 1 November 2023

Sometimes referred to as the levonorgestrelreleasing intrauterine system (LNG IUS), the hormonal IUS, or the LNG IUD

#### A highly effective long-acting reversible contraceptive (LARC) with non-contraceptive benefits

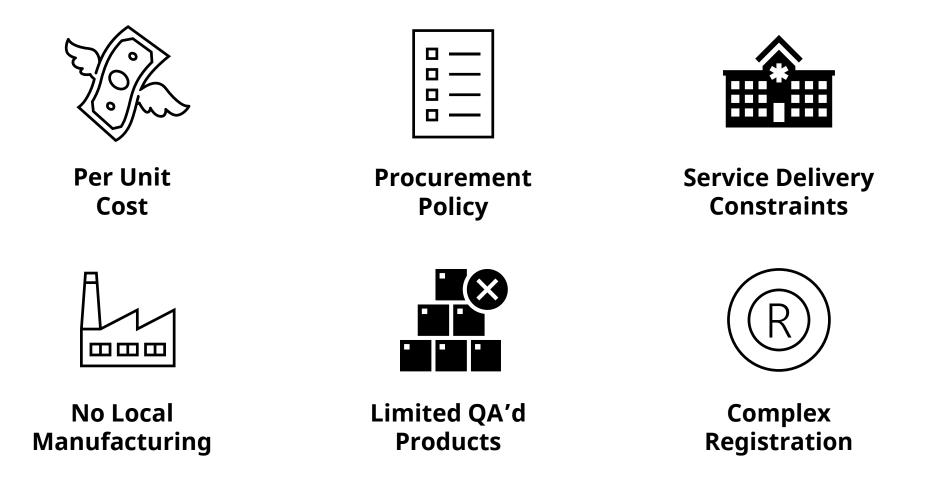
	Looks Like:	Works By:		Provides:	
Two QA'd Products: Mirena:	Plastic T-frame with 52 mg of levonorgestrel	<ul> <li>Thickening mucus</li> <li>Inhibiting movement</li> </ul>		<ul> <li>99% contraceptive efficacy for up to 8 years</li> <li>Potential treatment for heavy menstrual bleeding</li> </ul>	
	Benefits		Challenges		
fbi360	<ul> <li>Decreases menstrual pain, bleeding, inflammation &amp; symptoms of anemia</li> <li>Rapid return to fertility</li> <li>No partner participation</li> </ul>		<ul> <li>Vaginal insertion &amp; removal by medical provider</li> <li>Insertion pain &amp; no universal pain management guidelines</li> <li>Side effect profile may be undesirable</li> </ul>		



# If it's so great, what's the problem?

There has been a **30+ year gap** between initial approval of the hormonal IUD and widespread availability outside of highincome countries

### Key Barriers to Global Public Sector Access





### Early Movers: ICA Foundation, 2003-Present



**215,925** Units\* *in* **41** Countries *to* Governments, Local Nonprofits, Hospitals, Service Delivery Partners

Image Courtesy of ICA Foundation

\* As of March 2023





# But the global product introduction community **wasn't satisfied** with inequitable access to hormonal IUD

### Major Movement: Supplier Commitment to Cost



Image Courtesy of Evelyn Hockstein/Medicines360



### Formation of the Hormonal IUD Access Group

#### Launched: 2015 Restructured: 2020

#### **Steering Committee**

**Purpose:** Develop, monitor and implement global strategy to expand access to hormonal IUD and strengthen hormonal IUD market; identify and mitigate risks in market health; maintain relationships with suppliers; review demand forecasts.

#### **Operations Group**

**Purpose:** Forum that supports monitoring of market health, development of communications, identifying and tracking country needs.

#### **Partners Exchange**

**Purpose:** Technical working group to discuss/share lessons learned related to rollout; address country rollout issues; share information to support steering committee.

Governments Donors Researchers Suppliers Procurers Implementers



Working within the constraints of the current production ecosystem, how can countries **sustainably** introduce and scale-up a new LARC?

### **Lessons from Past Global Introduction Efforts**

What works?*	What doesn't?*					
<ul> <li>Country-led planning and costing</li> <li>Early &amp; frequent implementing partner integration</li> </ul>	<ul> <li>Developing country and implementing partner plans separately, rather than in parallel</li> </ul>					
<ul> <li>Phased introduction for effective stewardship of limited MOH resources</li> </ul>	<ul> <li>Reliance on a single product</li> <li>Prioritizing volume guarantees ahead of country need or interest</li> </ul>					
<ul> <li>Aligning orders with evidence-based</li> </ul>						
demand estimates	<ul> <li>Gaps between provider training and</li> </ul>					
<ul> <li>Ongoing "real world" research</li> </ul>	product availability					
*Most of the time						



#### National Strategy for Phased Hormonal IUD Introduction

Establish rationale and objectives for introduction

Ensure quality-assured products are registered for use

Identify health care worker capacity building strategy

Quantify, procure, and integrate commodities into national supply chain processes

Update national monitoring systems

Align on demand generation strategy and materials

Monitor introduction progress

fhi360

Maintain partner coordination mechanisms

### Strategy for Phased Hormonal IUD Introduction

#### Just because it works in one place doesn't mean it works everywhere

- Why does it make sense to introduce the hormonal IUD here?
- Where should we target or begin introduction?
- What are our introduction priorities and timelines?

Procurement support will follow plan costing & quantification

- Can we support suppliers in registering Mirena or Avibela? Which product do we want to buy?
- How will each element of our introduction plan be paid for? Are there gaps in funding?
- Based on what we know about the hormonal IUD, how many units should we order?

#### Gradual introduction allows countries to use resources effectively

- Where will our introduction resources be used most effectively?
- How do we get clients interested in the hormonal IUD?
- How will we track and monitor introduction progress?





# How can countries be sure that hormonal IUD is **a good fit** for their context?

### Developing a Global Learning Agenda

- 1. Client Demand & User Profiles
- 2. Demand Generation
- 3. Service Delivery & Provider Perceptions
- 4. Noncontraceptive Attributes
- 5. Cost-Effectiveness



Stakeholders meet in Abuja, Nigeria in early 2020 to refresh the hormonal IUD learning agenda



### Developing a Global Learning Agenda

- 1. Market Potential
- 2. User & Provider Experiences
- 3. Service Delivery
- 4. Non-Contraceptive Attributes
- 5. Cost-Effectiveness & Pricing
- 6. Equity
- 7. Country Capacity for Scale-Up



Stakeholders meet in Abuja, Nigeria in early 2020 to refresh the hormonal IUD learning agenda



### Piloting Hormonal IUD

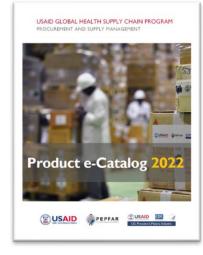
Project	Research Timeframe	Country	Participants at Baseline	Study Design	Service Delivery Context/Channel(s)	Geographic Region
EECO	2018-2020	Madagascar	N=242	Longitudinal prospective survey within 12 months of	19 social franchise clinics	Mahajanga, Toamasina, Antsiranana & Antananarivo
	2018-2019	Zambia	N = 166	insertion	30 public sector clinics	Copperbelt & Muchinga
SIFPO-2	2017-2019	Nigeria	N =205	Longitudinal prospective	40 social franchise facilities	18 states
	2018-2020	Zimbabwe	N= 156	survey within 12 months of insertion	6 social franchise facilities	Harare, Manicaland, Midlands, Masvingo & Bulawayo
MCSP	2017-2019	Kenya	N = 432*	'Enhanced' M&E data, follow-	56 public health facilities	Kisumu & Migori
	2017-2019	Zambia	N=754*	up phone interviews, FGDs with providers	41 public sector clinics	Eastern, Central, Southern, Luapula Province
LEAP	2018-2019	Nigeria	N = 888**	Mixed methods:	40 social franchise clinics	18 states
	2018-2019	Zambia	N = 710**	Longitudinal prospective survey, IDIs, FDGs, costing	20 public sector clinics	Copperbelt & Muchinga



# And then **COVID-19** hit.

### **Removing Barriers** to Access







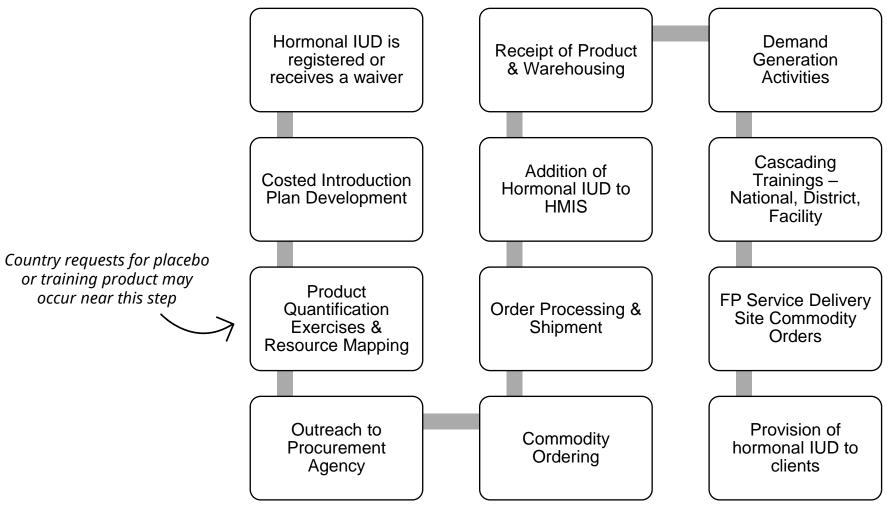
Rwanda and Zambia finalize **costed introduction plans** 

USAID and UNFPA add Mirena and Avibela to their **procurement catalogues**  Hormonal IUD Catalytic Opportunity Fund opens to support introduction activities

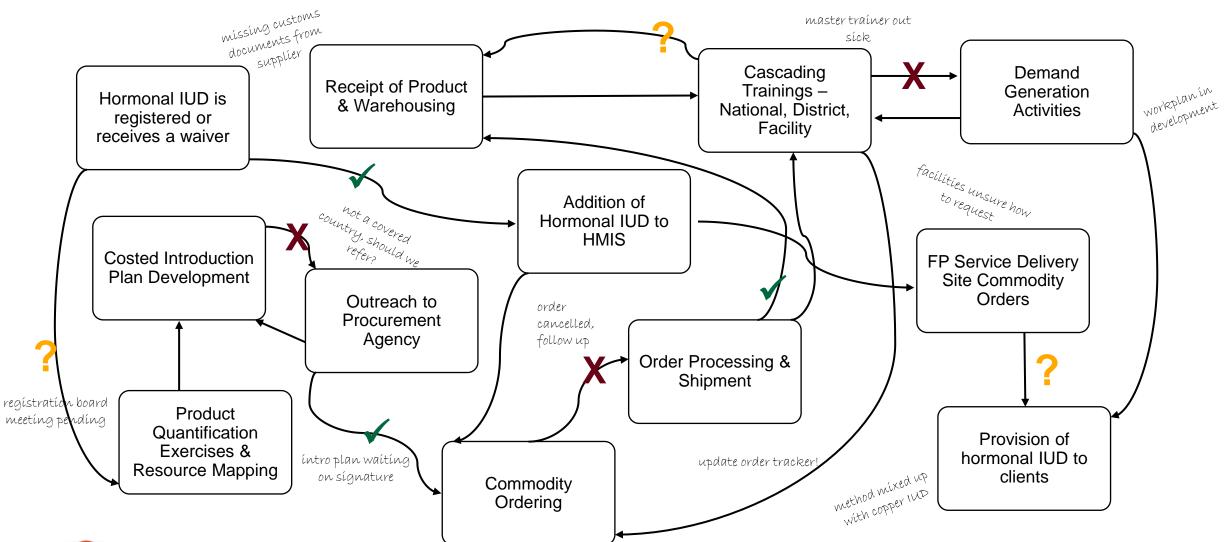


USAID MOMENTUM. (2021, June). USAID and UNFPA product catalogs now include the hormonal IUD. Cain, D. (2021, April 12). New Catalytic Opportunity Fund to support hormonal IUD introduction activities. Hormonal IUD Access Portal.

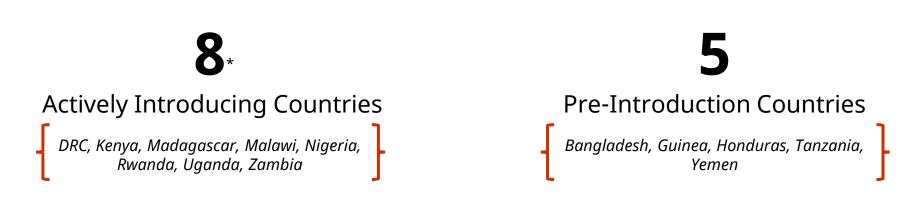
### Hormonal IUD Introduction Process Overview



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### Current Introduction Status



## ~215,000

Units of Hormonal IUD Received

~250,000

Units in Order Pipeline

43,269

Adopters in Q1 & Q2 2023 Nigeria, Zambia, Rwanda, Malawi



### Lingering Challenges to Global Public Sector Access



#### No Local Manufacturing

#### **Potential Solution:**

Tech Transfers to Local Manufacturers



#### Implementation Funding

#### **Potential Solution:**

Greater investment – global & national – in introduction activities



#### Limited QA'd Products

#### **Potential Solution:**

International Support of Existing Manufacturers to Receive WHO Pre-Qualification

#### And there's more to learn about hormonal IUD introduction





- The hormonal IUD is effective, cost-efficient, and most importantly

   desirable and satisfactory to users
- 2. It helps to reinvigorate interest in other forms of intrauterine contraception and reignites national conversations about long-acting family planning
- **3**. The hormonal IUD is a viable treatment option for heavy menstrual bleeding, pain, symptoms of endometriosis, and iron-deficient anemia

#### If it's an option **anywhere**, it must be an option **everywhere**





# **Thank You**

To learn more about global hormonal IUD introduction: <u>www.hormonalIUD.org</u>

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