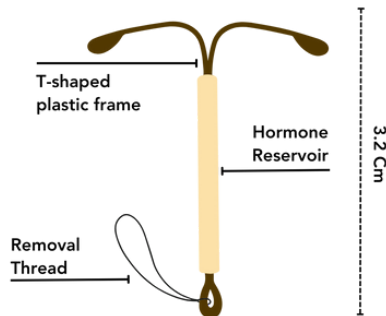




What is the Hormonal IUD?

A long-acting, highly-effective reversible hormonal family planning method with important non-contraceptive characteristics.



The hormonal IUD can be used for prevention of pregnancy **and** treatment of heavy menstrual bleeding and pain

Method Basics

8 Years

Maximum Approved
Duration*

99.8%

Contraceptive
Efficacy

90%+

12-Month Continuation in
LMIC-Based Pilots

How does it work?

*Approved duration varies by country and may be up to 8 years

By releasing the hormone levonorgestrel, hormonal IUDs **thicken the cervical mucus**, preventing most sperm from entering the uterus, and **significantly inhibit sperm movement and survival** once in the uterus. Additionally, the hormonal IUD causes a resistance to the hormone that prompts the uterine lining to thicken over the course of the menstrual cycle. As a result, users often experience **much lighter or no menstrual bleeding and menstrual pain**.

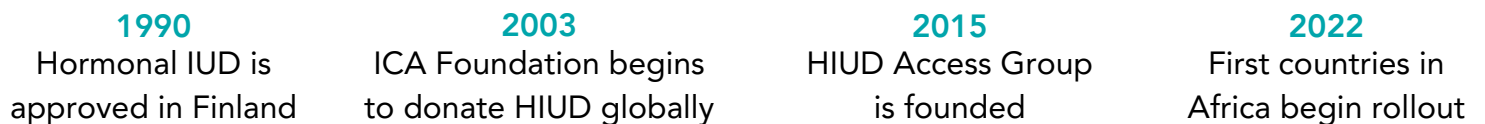
Why does it matter?

Beginning with the addition of the HIUD to the UNFPA and USAID product catalogues in 2021, more and more countries have chosen to introduce the method. **Hormonal IUD is just one part of a comprehensive FP method mix** - it fills important gaps, particularly for potential users interested in its unique impact on menstruation, and may increase interest in other long-acting reversible contraceptive methods and in modern family planning in general.

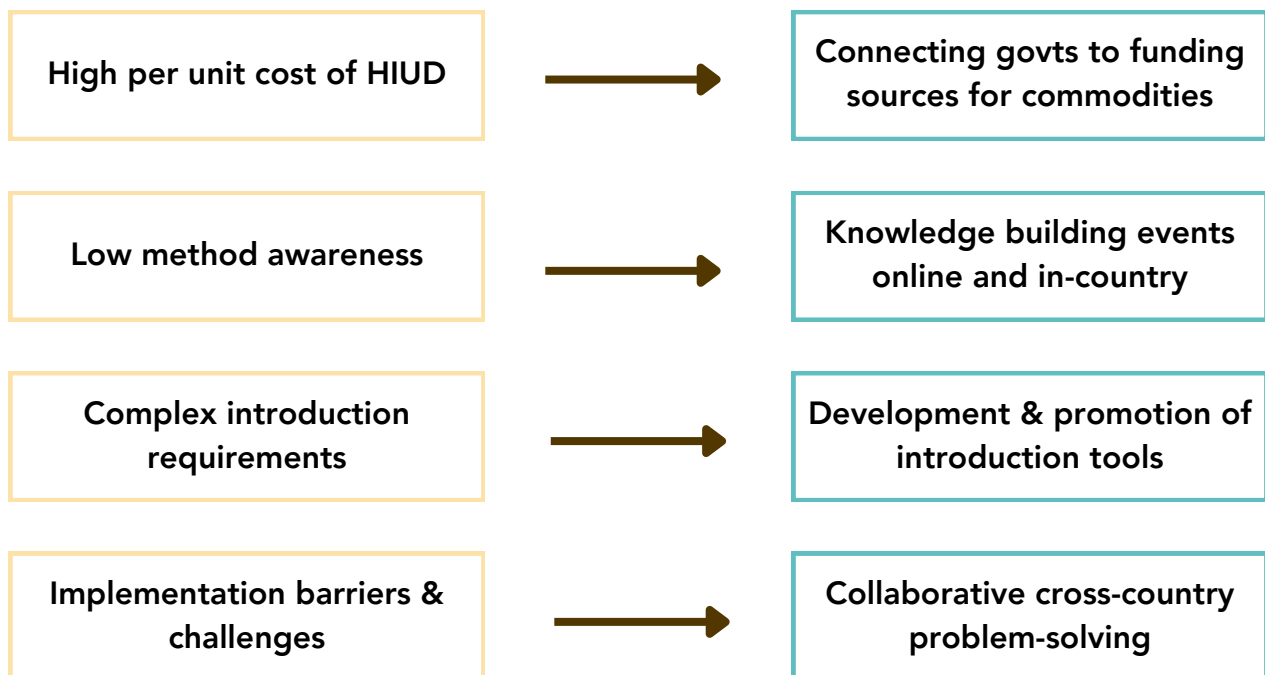
Want to learn more? Visit hormonaliod.org

Expanding Hormonal IUD Access

There has been a 30+ year gap between the hormonal IUD's first regulatory approval and global access to the method



Following the leadership of country governments, the Hormonal IUD Access Group seeks to close that gap



What is the Hormonal IUD Access Group?

A global consortium of governments, donors, researchers, manufacturers, procurement agencies, and service delivery groups collaborating to expand access to the hormonal IUD.

Since 2015, the Hormonal IUD Access Group has supported national governments interested in learning more about the hormonal IUD, planning for introduction, and scaling up the method through knowledge generation and exchange, technical assistance, and proactive management of market challenges.

Want to learn more? Visit hormonaliud.org