

Hormonal IUD at Every Life Stage

Biological Life Stages

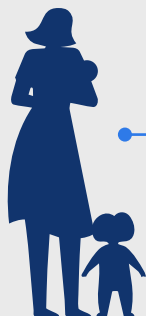
Nulligravida



1 Nulligravida

Hormonal IUDs can allow women who have not yet had children to safely delay pregnancy until they're ready to start their families and can manage heavy menstrual bleeding. Fertility returns immediately after the IUD is removed.

Nursing/Post-Partum



2 Nursing/Post-Partum

Hormonal IUDs can be inserted postpartum (within 48 hours of delivery) or at least 4 weeks postpartum, in accordance with national guidance, both for birth spacing and for women who have completed their families. The method has been proven safe to use while breastfeeding.

Peri- and Post-Menopause



3 Peri- and Post-Menopause

Hormonal IUDs can be used to help control irregular bleeding for perimenopausal women and can be paired with estrogen therapy for hormone regulation in post-menopausal women.



Medical Eligibility Established by the WHO

The conditions below have been determined to either pose no risk while using the method or to have any minimal risk outweighed by the method's benefits.



Most ages, starting at menarche



Nulliparous and parous women



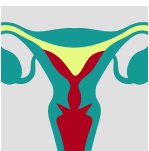
Women who are <48 hours or at least 4 weeks post-partum, abortion, or miscarriage



People with a resolved history of ectopic pregnancies



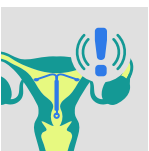
People using PrEP and those with Stage 1 or 2 HIV



People who experience irregular or heavy menstrual bleeding



People of all weights



Side Effects: Common side effects, particularly in the first few months after insertion, may include changes in menstrual bleeding patterns, spotting, or irregular bleeding